

PWI/EPOC Webinar

Supporting People's Employment Goals

Presented by: Deborah (Deb) Werner

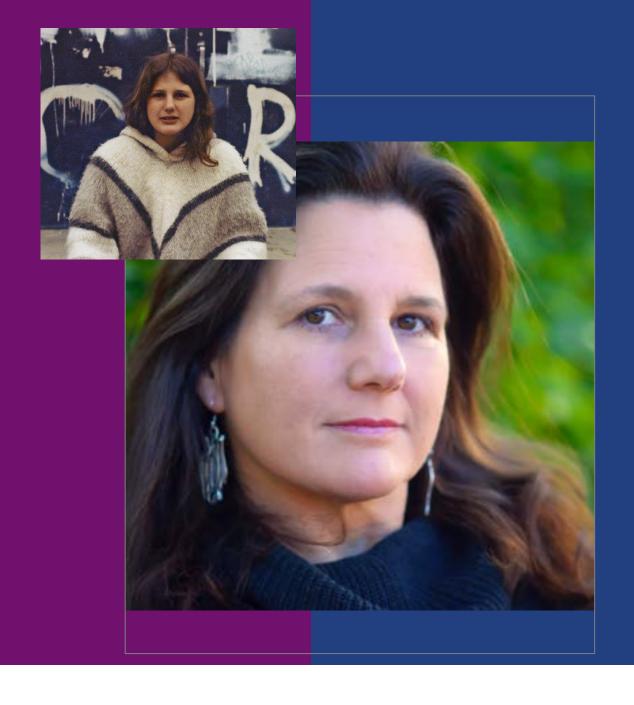
Monday August 15, 2022 noon to 1:00 pm

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Agenda



Goal for today: Talk about employment and ways that you as Peer Support Specialists and Peer Agencies can help people move forward with their employment goals.

Agenda

Introduction & Agenda

Background

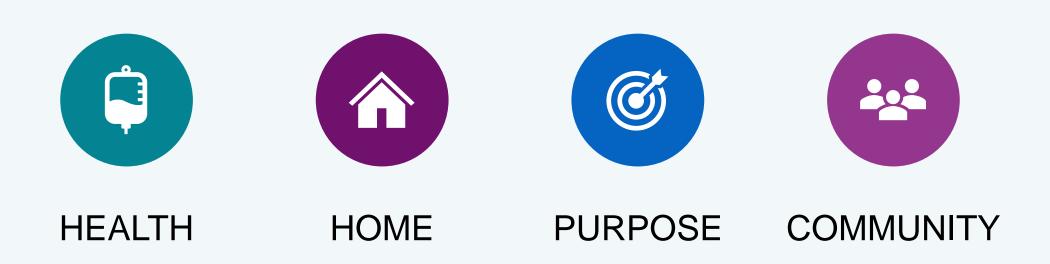
Employment Services

Resources



What are the Benefits of Employment?

SAMHSA'S 4 Major Dimensions of Recovery



Employment Related Services



Job "Readiness"



Job Seeking



Education, Training and Career Planning



Job Development



Retention, Balance and Self-Care

Job Readiness

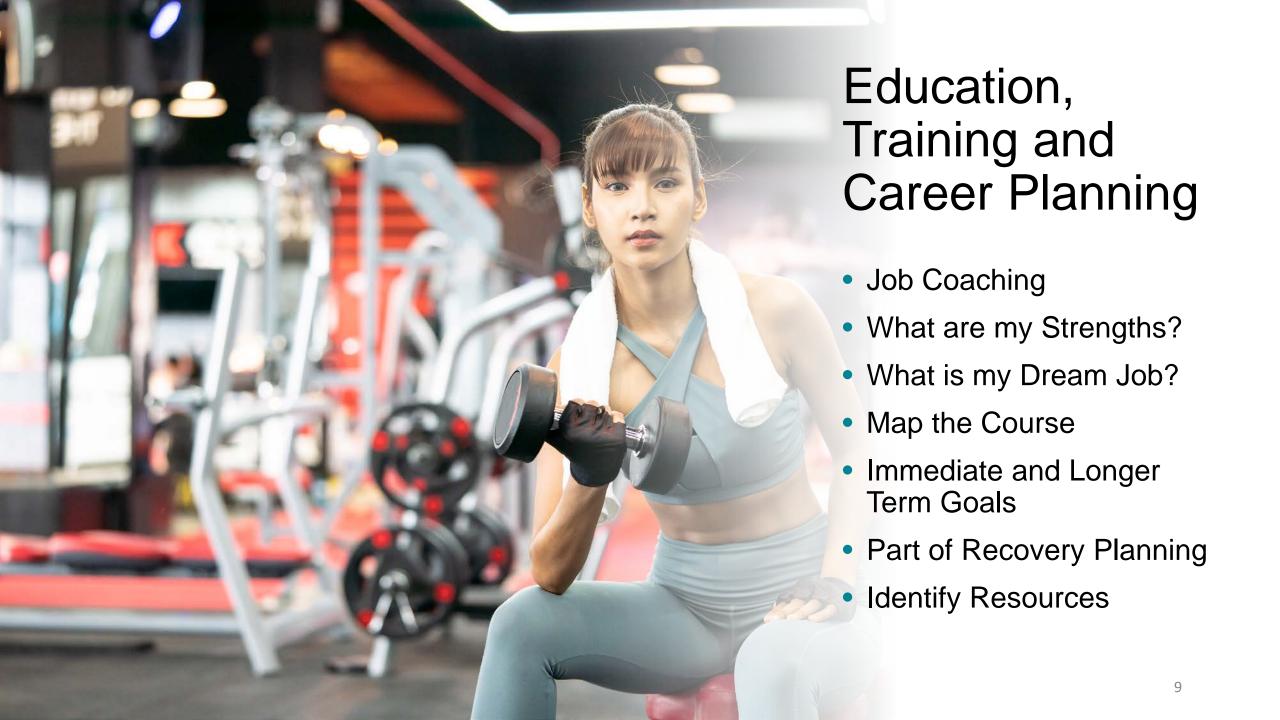
- Income
- What do I want? What do I need? for now? In the future?
- Filling in the Blanks
- Workplace exposure and expectations
- Documentation
- Clearing Records
- Resumes, Applications
- Resource Centers



Job Seeking

- Traditional methods
 - CalJobs
 - Indeed, Monster, LinkedIn etc
- Employment Services
- In our Recovery Communities
- Coaching perseverence





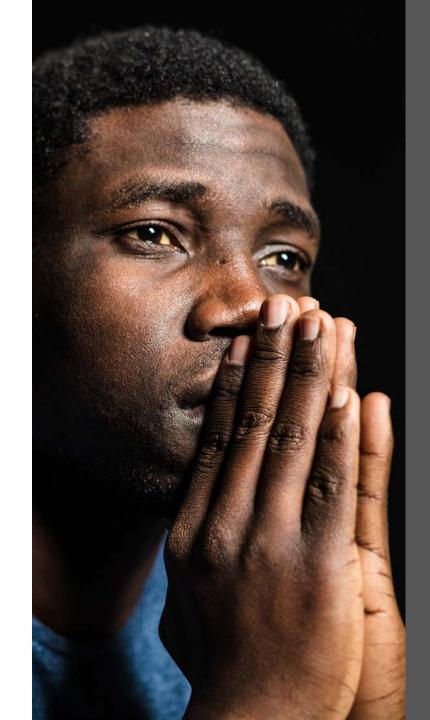
Job Development

- Volunteering
- Agency Job Development Programs
- Creative Venues & Entrepreneurship
- Supported Employment
 - Individual, Placement & Support



Job Retention and Recovery

- Can I do this?
- Workplace Culture and Expectations
 - Interpersonal
 - Authority
 - Who am I?
 - DEI
- Stress Management
- Meeting Work and Other Life Expectations
- Transportation and other Logistics

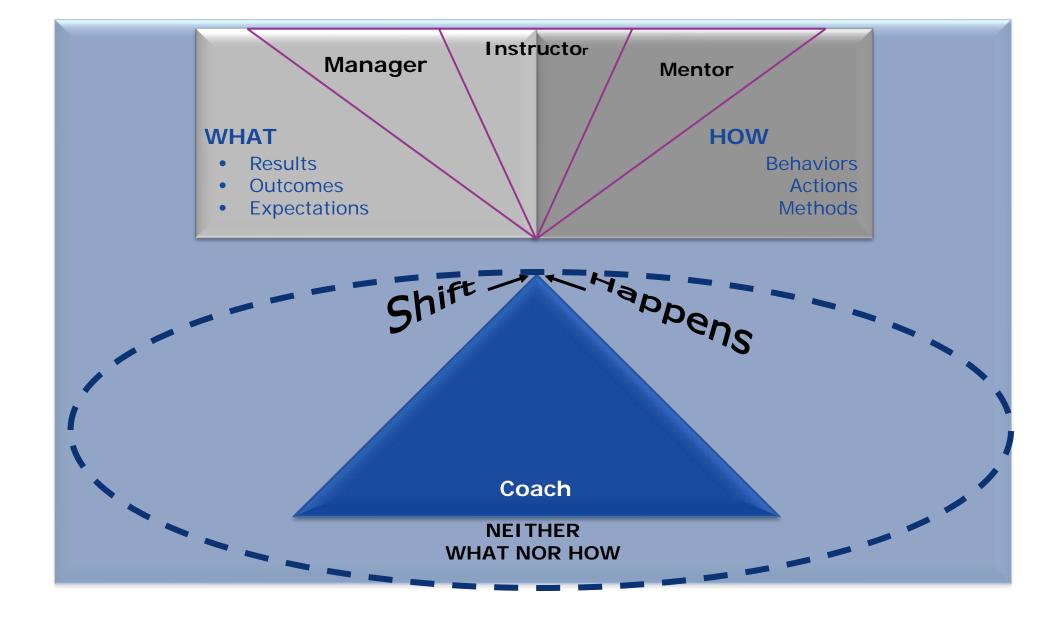


Work, Recovery and Self Care

- Structure
- Stress Management
- Balance
- Community Support



Not just the what and the how



Coaching

Coaching Is

- **Accountability**
- Asking
- Caring
- Clarifying
- Direct
- Discovering
- Egoless
- Empowering
- Encouraging
- Listening
- Mutual

- Open-ended
- Possibilities
- Positive
- Powerful
- Proactive
- Relevant
- Supportive
- What *they* think!

Coaching Is Not

- A one-time event Reactive
- Assuming
- Avoidance
- Blaming
- Controlling
- Disciplinary action
- Discouraging
- Leading
- Limited
- Prescriptive

- Restrictive
- Rigid
- Sarcastic
- Solving
- Talking
- **Telling**
- Touchy-feely
- What you think!

Coaching for Commitment (Third Edition), by Coe and Zehnder. Copyright © 2007 by John Wiley & Sons, Inc. Reproduced by permission of Pfeiffer, an Imprint of Wiley.

More than a Coach

- Sharing Resources
- Instilling Hope
- Encouraging Community
- And



Selected Resources

- SOAR (SSI/SSDI Outreach, Access and Recovery
- SAMHSA Issue Brief Substance Use Disorders Recovery with a Focus on Employment and Education
- SAMHSA Supported Employment ToolKit
- Individual Placement and Support information
- IPS Vocational Peer Resources
- Recovery Research Institute Special Topic Page
- California Peer Certification Information
- CalJobs

Q&A

Thank YOU!

"When we give cheerfully and accept gratefully, everyone is blessed."

— Maya Angelou

