

Developing and Retaining Youth Programs

Presented by Reed Byers

Housekeeping



Join by Phone: Click Join Audio, Phone Call tab, dial the desired phone number, and enter Meeting ID and Participant ID.



Camera: Please keep your camera on unless you have low bandwidth.



Name: Please change your name to your actual name.



Live Captioning: Click CC Live Transcript to show or hide captions.



Chat: Click the Chat icon to open the Chat panel.



Reactions: Find them on the bottom toolbar. **Full-screen:** Double-click to toggle.

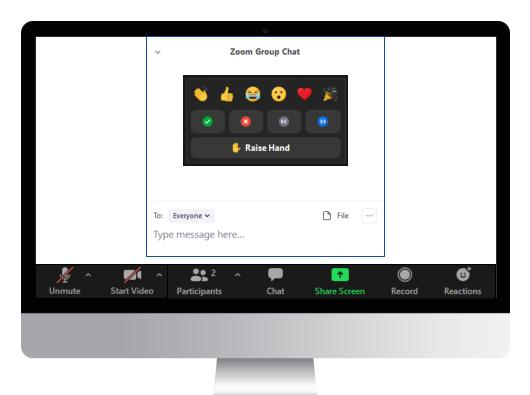


Need help? Type in the Chat box!



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Indigenous Land Acknowledgement

- We respectfully acknowledge that we live and work in territories where indigenous nations and tribal groups are traditional stewards of the land. Our California office resides in Tongva territory.
- Please join us in supporting efforts to affirm tribal sovereignty across what is now known as California and in displaying respect, honor, and gratitude for all indigenous people.

Whose land are you on?

Option 1: Text your ZIP code to 1-907-312-5085

Option 2: Enter your location at https://native-land.ca

Option 3: Access Native Land website via QR Code



PWI/EPOC Team at Advocates for Human Potential (AHP)



Kathleen West Project Director



Tammy Bernstein Project Manager



Kate Cox Operations Manager



Kayla Halsey BHWD Data & Analyses Manager PWI/EPOC Projects Coordinator



Marques Davis Grantee Liaison Grante



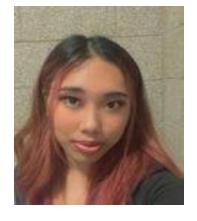
Rosy Larios Grantee Liaison



Neyat Tefery Grantee Liaison/ Ops Specialist



Caitlin Storm Quality Assurance



Vic Walker

Operations

Specialist



Krislyn LaCroix Operations Specialist



Reed Byers Presenter Experience

- Youth Peer Recovery Support Specialist
- Community Coordinator with Healthy Kids Running Series
- Prevention and Early Intervention Program Creator and Developer
- Volunteer and Past Board Member for:
- Boys and Girls Club of Pleasants County, WV
- American Foundation for Suicide Prevention WV
- Generation Mid-Ohio Valley
- Parkersburg Area Jaycees
- OH-WV Youth Leadership Association
- Parkersburg YMCA
- Now Professional Speaker, Coach, and Consultant



HEALTHY KIDS RUNNING SERIES



PREVENTION IS KEY



FROM IDEA TO REALITY



CREATE AN ADVISORY TEAM OR BOARD FOR SUPPORT

- Lived and professional experience
- Passion
- Education
- Community & organizational relations
- Government & business relations
- Youth emphasis
- Mental health and substance use treatment



MISSION, VISION AND PURPOSE

MISSION

To proactively support our youth in overcoming challenges they face, while emphasizing the importance of living a holistic healthy lifestyle.

PROGRAM PROCESS

To utilize evidence based methods to provide basic, intermediate, and advanced support to youth who struggle with mental health, chemical dependency or impulsive addictions. Service will include both individual and group support on a daily, weekly, and/or as needed basis depending on the need of the individual.

PROGRAM COMPONENTS

All parts of the programs will provide support via worksheets, appointments, group facilitations, experiential exercises, engagement activities, and coaching. Specific components of <u>CREATE</u> are provided on the next page.

DEVELOP THE PROGRAM

- Gather Resources
- Use "Best Practices"
- Identify Partnerships
- Establish Referral Sources and Processes
- Evaluate and Modify

6	OACHING		
	Accountability	Empower Strengths dentify Values & interests Support	Celebrate Reflection Insight
R	ECOVERY		
	SMART Recovery 12-Step Guides Keep it Direct & Simple Journals Share lived experience	apiritual guidance	Social interactions Emotional wellness Coping Beliefs Thinking
-	MPLOYMENT &	EDUCATION	
	Explore work & Career Opportunities Identify Barriers Connect with Employer Educational Opportunities	vocational programs Civic stewardship	References and recommendations Applications - College, work, vecational Resume
	SSISTANCE		
	Transportation Support Groups ^L Clothing _R Food M	ntal Health Services	Documents - ID, Insurance, Birth Certificate. Voter Registration svigating Utility Set- up & Bill Pay illding Relationships
	HINKING AHEA	D	
	A seal a still as	Pecision making Relationship building Consistency	Persistence Commitments Planning
	NGAGE		
	Volunteer opportunities Church programs - youth groups Extracurriculars - Boys & Girls Club, YMCA, Leodership, Summer camps	Arts, Crafts, Culture, Music, Theatre Positive Social Support Community Events	Hobbies Service Clubs Civic Responsibility





Screening, Brief Intervention, and Referral to Treatment (SBIRT)

SBIRT is a comprehensive, integrated, public health approach to the delivery of early intervention and treatment services for persons with substance use disorders, as well as those who are at risk of developing these disorders.

Resources

Resources are available online or by calling SAMHSA's toll-free helpline at <u>1-800-662-</u> <u>HELP</u> (4357), or by sending your zip code via text message: <u>435748</u> (HELP4U) to find help near you.

SBIRT Grantees

Since 2003, SAMHSA has funded 17 Medical Residency Cooperative Agreements, 15 State Cooperative Agreements, and 12 Targeted Capacity Expansion Campus Screening and Brief Intervention (SBI) Grants.

FUNDRAISING

- Events
- Sponsorships
- •Grants
- Donations
- Partnerships



PROMOTION

Sharing your story is a vital for growing your idea into reality.

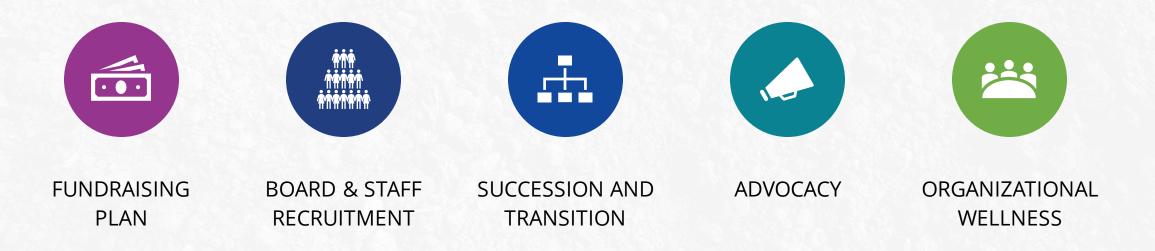
Promote through:

- Chamber of Commerce
- Regional Coalitions/Alliances
- Press Releases
- Elected Officials
- Other Organizations





SUSTAINABILITY AND RETENTION





BE CREATIVE!



THERE ARE MANY ROADS TO SUCCESS.

Q & A

- What has worked with implementing youth programs in your county?
- With recurring youth for youth recovery programs?
- What obstacles have you encountered with the above?
- Are there any youth programs you wish to see in the future?
- Or any missing aspects of youth programs you want to see be implemented to existing programs?